



February 2026 NEWSLETTER



IN THIS ISSUE

See updates from our Teams, enjoy some photos from our Open House, and Family Ice Fishing. We have many activities upcoming for March, make sure you are following our social media where we will post first!



Mission

We are all somebody's seventh generation. We are committed to work with our communities to create the necessary change to ensure children currently in care have the advocates they deserve and seven generations from now, the need for a child welfare system will no longer exist as our families will be whole and healthy.



Vision

Work collectively to exercise nte?k'epmx and syilx inherent rights as we empower children, young people and families.

tekm míns | tá k'wúl'əm - Our Call to Action

We are at a critical moment in time. A great deal of change is taking place within the current political climate in which we exist. Bold steps are required to actualize the changes necessary for the communities we represent. For the first time since colonization, our action will fundamentally alter the foundation upon which outside governments have imposed political interests of assimilation through the systemic removal of our children.

For generations, our children have been the ones on the front line of federally and provincially legislated cultural genocidal regimes. Our families and communities were fractured but never broken. To achieve healing, justice and hope for each child ever removed from their parents, families and communities, it is up to us to provide a new reality for generations to come.

Through the wisdom of our ancestors, we have been taught the ways to care for one another. We must work toward a future markedly different from the current state wherein there are more Indigenous children in care now than at the height of the residential school era. While the current system is derived of legislation and policy, not of the Indigenous origin at a community level or otherwise, we undertake the process of decolonization to bring traditional knowledge, guidance and practices of the nte?k'epmx and syilx people forward in collaboration and guidance of our communities.

It is our responsibility to create the necessary change to ensure children currently in care have the advocates they deserve; and seven generations from now, the need for a child welfare system will no longer exist as our families will be whole and healthy. nte?k'epmx and syilx ancestors have anticipated this change and passed on their wisdom as we respond to this call to action. This very legacy is now ours to nurture and protect as we build a new platform where today's children, young people, families and communities will remain together and rekindle their cultural ways of being.

TABLE OF CONTENTS

2	CALL TO ACTION - MISSION & VISION
3	SCFSS STRATEGIC DIRECTIONS
4	CULTURE OF CARING
4	Wellness Teas
5-6	Community Services Updates
7	First Nations Child & Family & Jordans Principle Settlement Info Session
8	PROTECTION TO PREVENTION
8	Men's & Women's Group Christmas Dinner
9	Men's Group - Ice Fishing
10-11	Men's Conference
12-13	Youth Team Updates
14	GROWING OUR PEOPLE
14	Employment Opportunities
15	Open House
16	Our Children Our Way
17	INFRASTRUCTURE ALIGNMENT
17	12 Days of Christmas Giveaways
18	Newsletter Sign-Up
19	Contact Us

SCFSS STRATEGIC DIRECTIONS

CULTURE OF CARING

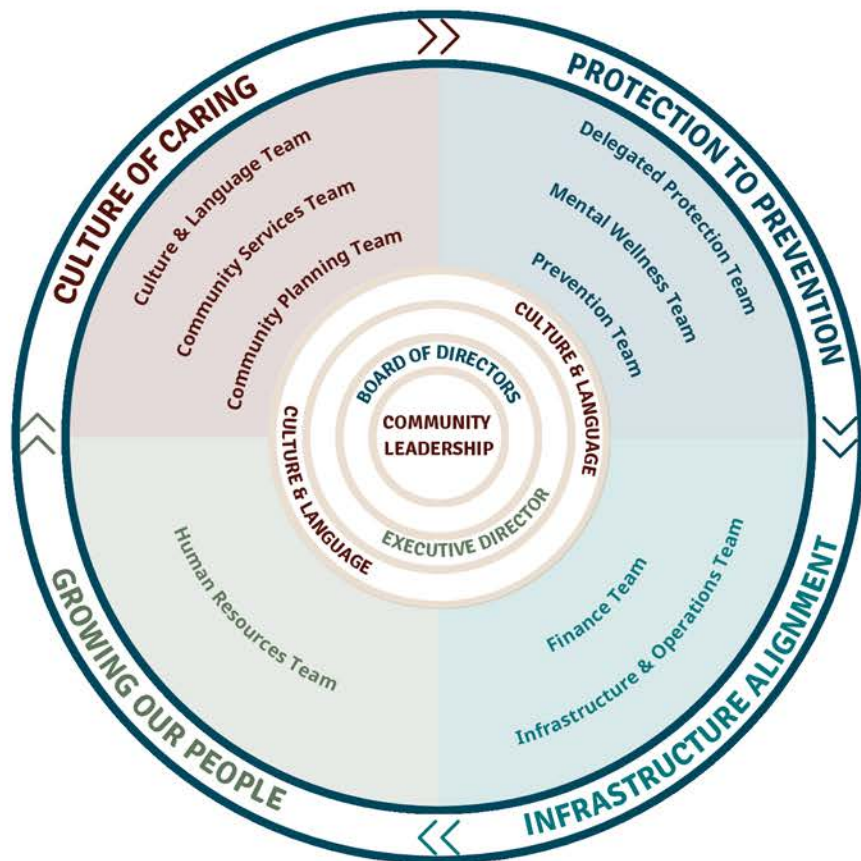
- Communicate with one voice
- Integrate language and traditional teachings into programs and services
- Grow caregiver networks in alignment with traditional and community values
- Incorporate learning from Elders and Knowledge Keepers
- Return rights and responsibilities to our people through the development and implementation of Governance and Laws

PROTECTION TO PREVENTION

- Bring and keep our children home
- Align programs and services with our vision
- Shift our focus from fear to love
- Build community engagement and capacity
- Build trusting relationships

GROWING OUR PEOPLE

- Engage community expertise to support our vision
- Retain those committed to our vision
- Adopt, embrace, and implement cultural practice frameworks
- Acknowledge Post-traumatic Growth (PTG)
- Build professional capacity



INFRASTRUCTURE ALIGNMENT

- Realign budgets to shift from protection to prevention
- Improve Information Technology support in current and post COVID-19 environment
- Structure change management to achieve our collaborative vision
- Improve prompt management reporting
- Integrate programs and services to build community capacity



WINTER WELLNESS TEA

Immune Boosting Tea

Elderberries are a well-known immune booster, but rosehips are a lesser known one! Rich in Vitamin C, rosehips contain 40 times more vitamin C than lemons!

- 1part dried elderberries
- 1part rosehips
- ¼ part cinnamon chips
- ¼ part ginger root

Cough-B-Gone Tea*

Mullein has long been used to help with coughs and other respiratory issues because of its antispasmodic and expectorant properties. The addition of honey to this tea is very helpful at soothing coughs!

- 1 part chamomile
- 1 part marshmallow leaf and flower
- 1 part mullein leaf

Cold Care Tea

This tea not only helps to boost immunities but has also been based upon an old folk remedy that was used to help reduce fevers.

- 1 part elderflower
- 1 part peppermint leaf
- 1 part yarrow flowers and leaf

Directions

Combine herbs in a bowl and store in a sealed container when not in use.

To Make a Medicinal Infusion – In a glass quart jar, pour boiling water over 4-6 Tablespoons herbal tea, filling the jar to the top.

Allow to steep covered for 30-45 minutes.

Strain herbs and enjoy! Be sure to take the time to breath in the steamy vapors of your medicinal tea while you are sipping it!

You can refrigerate your excess infusion and heat it up to drink later.





COMMUNITY SERVICES TEAM UPDATES - DECEMBER & JANUARY

KʷU STƏMTÍMA? CHRISTMAS TREE ENHANCEMENT

This holiday season, the community team contributed to the Kʷu Stəmtíma? Christmas Tree initiative by helping bead beautiful, handmade ornaments. Funds raised through this project will support several important community programs, including the UNB Language Department, youth and Elder programming, and upgrades to the community gym with new workout equipment.

CHILDREN'S CHRISTMAS PARTY PREPARATIONS

The holiday spirit continued to grow as preparations began for the annual Children's Christmas Party. Willa worked alongside the Kʷu Stəmtíma? grandmothers and staff to shop for children's gifts and helped bake cookies for the event—adding a warm, homemade touch for families to enjoy. "Spending time with the Kʷu Stəmtíma? (Grandmothers) during preparations was especially meaningful. It is an opportunity to connect, share laughter, and support the important work they carry forward in the community."

UPPER NICOLA GIRLS GROUP

The Upper Nicola Girls Group continues to meet once per month, offering girls ages 8-18 a supportive space to learn, connect, and create. A recent session focused on building healthy self-esteem through the creation of "Ugly Dolls," a fun project that encouraged individuality and self-expression. The girls shared enthusiastic feedback, saying they wished the program could run every day because they enjoy it so much. Each month features a new topic paired with a creative, hands-on activity that promotes learning and the development of lifelong skills.

COMMUNITY EVENTS SUPPORTED BY THE TEAM

Over the past several months, the community team assisted with and attended a number of prevention program and community events, including:

- Shackan WreathMaking Event
- Nooaitch Christmas Party
- Coldwater's Breakfast With Santa & Community Christmas Party
- Lower Nicola Women's Group & Baby Welcoming Event



Willa Ermineskin, Community Prevention Worker



Lucynda Russell-Rabbit, Community Prevention Team Leader

COMMUNITY SERVICES TEAM UPDATES - DECEMBER & JANUARY



NOOAITCH GIRLS GROUP

January marked the launch of the second round of the Nooaitch Girls Group with a fun meet-and-greet. We had 12 girls show up, and were able to play some games, do some introductions, and share about what the next few months are going to look like.

This biweekly program runs through the spring and is offered in collaboration with the Nooaitch Indian Band, Citxw Nlaka'pamux Assembly, Nlaka'pamux Health Services Society, and Scw'exmx Community Health Services Society.

Sessions combine education, cultural learning, skill-building, and fun. Topics include:

- Emotion identification, regulation, and coping strategies
- Physical changes, puberty education, and moontime teachings from an Elder
- Self-esteem, boundaries, and personal growth
- Cultural activities such as making ribbon dresses and learning moontime protocols



The girls group programs provide a safe and supportive environment for girls to build confidence, deepen cultural understanding, and prepare for challenges they may face in their teen years. Building these relationships in community makes the work especially meaningful.



Willa Ermineskin, Community Prevention Worker



UPCOMING:



THURS - FEBRUARY 26

5-7 PM

**KLC Gym
(2475 Merritt Ave)**

First Nations Child and Family Services and Jordan's Principle Settlement Info Session

DOOR PRIZES!



This session is for anyone who wants a clearer understanding about the Settlement – including Class Members, family, caregivers, and organizations that provide support.

If you're wondering whether you, or a loved one may be *eligible for compensation*, a claims helper is coming to share *who may qualify*, what the Claims Process looks like and where to find support.

IN THIS INFORMATION SESSION, YOU'LL LEARN:

- What the First Nations Child and Family Services Settlement is
- Who may be eligible in each of the two Classes
- How to complete and submit a Claim Form
- What free, confidential supports are available, including one-on-one help from Claims Helpers
- How to safely and privately connect with someone who can guide you through the process



Scw'exmx
Child & Family

Questions? Contact
cyndi.jager@scwexmx.com
or call 250-378-2771



MEN'S & WOMEN'S GROUP CHRISTMAS DINNER DEC 2025

This year, the Men's and Women's Groups (SCFSS Family Wellness Team) collaborated to host a Christmas Dinner at Nicola Valley Institute of Technology on December 11th. We welcomed over 130 relations and their families. Three facilitators supported the evening with engaging cultural activities, including feather painting, medicinepouch sewing, and lanyard beading. Leaders from Nooaitch and neighbouring communities also joined in the activities. We were grateful to have additional support from representatives of CNA, NVIT, Upper Nicola, and Lower Nicola, who contributed their time and manpower throughout the event.

The Family Wellness Team extends heartfelt thanks to NVIT for allowing us to use their gym and classrooms for child and family wellness activities. We also thank CNA for lending us their Christmas tree, 360camera booth, and photo props. Our warmest appreciation also goes out to the Transition House, Lower Nicola Indian Band, and CNA for supporting the event with generous door prizes and gifts for our relations. A special thankyou goes to Lower Nicola for providing Yaki Joe's for those who preferred a less traditional Christmas meal.

A highlight of the night was Indian Bingo. Because of the large turnout, we played multiple rounds to ensure everyone had a chance to participate. It was heartwarming—and often quite funny—to watch how the room transformed throughout the night. At first, everyone was quiet and walking slowly, but once they warmed up, the atmosphere shifted. Soon people were running around the gym, laughing and competing in the friendliest way, hoping to win the gifts they had their eye on. It was wonderful to witness so much joy, and this tradition is one we plan to continue next year.

The Family Wellness Team would also like to thank the SCFSS Child Wellness Team for providing childminding services, allowing parents to relax and enjoy their evening. Finally, we extend our deepest gratitude to all our relations who joined us for the Men's and Women's Group Christmas Dinner. We shared many laughs, enjoyed a delicious meal, played friendly and competitive games, and created meaningful memories together. As we always say: together, we are better.



Ali Antoine, Family Wellness Navigator



Jason Ermineskin, Men's Group Coordinator



MEN'S GROUP UPDATES: FAMILY ICE FISHING

On Saturday, January 17, 2026, families gathered at Peter Hope Lake for a refreshing winter outing hosted by the Men's Group. The Family Ice Fishing Day, running from 10:00 a.m. to 3:00 p.m., offered a relaxed and welcoming space for community members to connect, spend time outdoors, and enjoy the beauty of winter together.

Despite the chilly weather, the atmosphere was warm and lively. Families set up around the ice, sharing stories, laughing, and teaching young ones how to drop a line through the frozen surface. For many, it was a chance to revisit a familiar winter tradition.

A complimentary lunch, along with hot drinks and snacks, helped keep everyone cozy throughout the day. Friendly competition unfolded as participants tried their luck in a variety of prize categories—some aiming for the biggest catch, others simply hoping their line would move.

Overall, the day offered a memorable mix of winter fun, community bonding, and shared experience on the ice—an uplifting start to the new year and a meaningful way to bring families together. The Men's Group extends appreciation to everyone who came out and helped make the event such a success.



Jason Ermieskin, Men's Group Coordinator



MEN'S GROUP UPDATES: CONFERENCE

The Men's Group Wellness Conference is returning to the Nicola Valley from February 28 to March 1, 2026, bringing together men from across the community for a weekend of learning, healing, and connection. Hosted at the Nicola Valley Institute of Technology (NVIT), the gathering offers a supportive space to explore personal growth, strengthen cultural identity, and build meaningful relationships.

The conference begins with a warm welcome of breakfast, prayer, and drum, setting the tone for two days rooted in culture and community. Participants will hear from inspiring keynote speakers, including Zak Wuttanee, who will speak about the meaning of life skills and wellness, and Kim Montgomery, who will share insights through a trauma-informed lens. Throughout the weekend, attendees can immerse themselves in a wide variety of workshops designed to foster both practical skills and emotional wellbeing. These sessions touch on themes such as healthy relationships, cultural knowledge, financial wellness, personal development, and traditional ways of living.

In addition to current and informative sessions, the event includes hands-on activities and wellness offerings that encourage creativity, mindfulness, and physical wellbeing. Whether engaging in movement practices, cultural arts, language learning, or practical skill-building, every participant will find opportunities that speak to their interests and personal journey.



Jason Ermineskin, Men's Group Coordinator

The conference also features community panels, including the Coyote Brotherhood and speakers addressing safety and collective responsibility. Shared meals, smudging opportunities, and space for reflection all contribute to a welcoming environment where men can gather, support one another, and reconnect with culture and community roots.

With space for 150 participants, early registration is encouraged. Signups for workshops will be available at the door during check-in, and participants can look forward to good food, great company, exciting door prizes, and a truly meaningful weekend experience.

To join the event, simply scan the QR code or follow the registration link shared in the original post. This is an opportunity to grow, learn, and strengthen connections

MEN'S GROUP
LIFESKILLS AND WELLNESS CONFERENCE
FEBRUARY 28-MARCH 1, 2026

NVIT Nicola Valley Institute of Technology (NVIT)
 (4155 Belshaw Street)

	Saturday Feb-28-2026	Sunday Mar-1-2026
7:30 AM	Doors Open & Registration	Doors Open & Registration
7:30 - 8:00 AM	Opening Prayer and Drum, Buffet Breakfast,	Opening Prayer and Drum Buffet Breakfast
8:00 - 9:00 AM	Coyote Brotherhood Welcoming Brotherhood Panel	Coyote Brotherhood Welcoming Brotherhood Panel
9:00 - 10:00 AM	Keynote - Zak Wuttanee "What is Lifeskills and Wellness?" Warren Hootley (Icebreaker)	Keynote: Kim Montgomery-Trauma Informed
10:05 - 10:15 AM	Snacks	Snacks
10:15 AM - 11:45 AM	Life Skills Workshops	Life Skills Workshops
12:00 - 1:00 PM	LUNCH	LUNCH
1:00 - 2:30 PM	Life Skills Workshops	Life Skills Workshops
2:35 - 2:45 PM	Snacks	Snacks
2:45 - 5:00 PM	Wellness Workshops	Wellness Workshops
5:00 - 6:00 PM	DINNER	DINNER
7:00 PM	Break	Doors Close
7:00 - 8:00 PM	Conway (Smudge Pan) Kootenay	
8:00 PM	Doors Close	

Register Now

SCAN HERE

MEN'S GROUP

LIFESKILLS AND WELLNESS CONFERENCE

FEBRUARY 28-MARCH 1, 2026



Nicola Valley Institute of Technology (NVIT)
(4155 Belshaw Street)



LIFE SKILLS & WELLNESS WORKSHOPS



- MASCULINE ARCHETYPES
- HEALTHY RELATIONSHIPS
- TRAUMA INFORMED
- INDIGIRISE-CULTURAL AND PRACTICAL LIVING LIFE SKILLS
 - CHILDREN AS SPIRITUAL TEACHERS
 - MONEY MATTERS
 - HABIT LESSONS
- 4 FOOD CHIEFS
- REBUILDING INDIGENOUS WEALTH
- RESUME BUILDING, COVER LETTERS
- BRUSHING OFF
- WELLNESS CIRCLE
- GRIEF AND LOSS
- TRADITIONAL WAYS OF LIVING
- HAND PAINTING FEATHERS
- FLINT KNAPPING
- DRUM PAINTING
- YOGA
- NLX LANGUAGE
- HAIRCUTS
- RIBBON SHIRTS
- HAND POKED TATTOO'S
- TAI CHI
- SELF DEFENCE
- SOAPSTONE CARVING



We have room for 150 participants so register early to secure your spot! Workshop sign ups will be at the door when you sign in. Amazing door prizes to be won, good food and opportunities to build personal, professional, growth and connections.



Register Now



SCAN HERE



Upper Nicola



LOWER NICOLA INDIAN BAND



INDIAN RESIDENTIAL SCHOOL SURVIVORS SOCIETY



YOUTH TEAM UPDATES - YOUTH TRANSITION PROGRAM

January was a busy and meaningful month for the Youth Team at Scw'exmx Child and Family Services. Staff supported youth through a variety of important transitions, including attending medical appointments, securing personal identification, improving school attendance, participating in driving lessons, and settling into their first homes. These hands-on supports helped youth build confidence, independence, and key life skills as they move toward adulthood.

A major highlight this month was the continued success of the Youth in the Kitchen program with Chef Kim at NVIT. Youth strengthened practical skills by learning kitchen safety, meal planning, and cooking techniques, while also practicing teamwork and communication. Each week, participants prepared and delivered 60-185 meals to community members, contributing dishes such as Indian tacos, bullet soup and biscuits, beef stew, empanadas, and naan. This experience not only taught valuable nutrition and budgeting skills but also gave youth the opportunity to give back in a meaningful way.

The Youth Team also connected with families and community members during the Scw'exmx Child & Family Services Open House, where they hosted games and shared culture-inspired prizes from Old Moms Store. Staff continued to strengthen collaboration across departments by joining the Culture Team for a brushing and attending Delegated Team meetings. These connections ensure that youth receive coordinated, culturally grounded support rooted in community and belonging.

Our youth team assembled 35 hampers for the young individuals involved in our prevention programs. Each hamper contained a variety of items, including groceries, personal care products, laundry baskets, blankets, wellness supplies, and gifts. The overall sentiment was that this initiative significantly supported families during the season. Many hearts were filled with gratitude, both from those receiving and those giving.



*Candice Dolman,
Youth Transition Coordinator*

YOUTH TEAM UPDATES - LATERAL KINDNESS

Over two impactful days, 16 staff members came together to complete Lateral Kindness Training. To begin on a positive note, the session opened with a prayer. The training focused on understanding and addressing lateral violence while fostering a culture of respect and support through lateral kindness. Participants explored practical strategies to strengthen relationships and create positive work environments. We also had the privilege of grounding our learning in Scw'exmx's 7 Guiding Values, which promote unity, empathy, and community well-being.

The benefits of this training were significant. Staff gained increased awareness and a deeper understanding of lateral violence—its impact on individuals and organizations, and how to recognize and prevent it. They learned practical strategies to promote lateral kindness, creating a more respectful and supportive workplace. Cultural grounding was a key component, connecting the training to Scw'exmx's 7 Guiding Values and reinforcing principles of unity and empathy. Communication skills were also enhanced, equipping staff to address conflict constructively and encourage collaboration among team members.



Shay Lee Jack
Youth Connections Team Leader

All 16 participants successfully completed the two-day training and are now certified. Staff expressed a strong commitment to applying lateral kindness practices in daily interactions, leading to stronger team cohesion, increased trust, and healthier work relationships. This training established a shared language and approach for addressing workplace challenges rooted in respect and kindness, laying a foundation for future initiatives.

First Health Solutions also offers additional workshops on lateral kindness and youth leadership.



EMPLOYMENT OPPORTUNITIES

Scw'exmx Child and Family Services Society (SCFSS) is family-centered and guided by n̓eʔk̓épmx and syil̓x traditional knowledge and principles. SCFSS utilizes prevention and protection strategies with the collective goal to keep children with their families and communities. SCFSS recognizes historical challenges and is guided by traditional strength and wisdom to build family and community capacity in a monumental shift from protection to prevention.

As an Indigenous organization serving the n̓eʔk̓épmx and syil̓x communities, SCFSS prioritizes the hiring of n̓eʔk̓épmx and syil̓x community members. Following community member priority and pursuant to Section 41 of the BC Human Rights Code, preference may be given to qualified applicants of Indigenous ancestry.



Current Postings

- **Communications Team Leader**
- **Community Services Manager**
- **Finance Clerk**
- **Agency Navigator**
- **Mental Wellness Clinical Manager**
- **Executive Director**

APPLY NOW

See our full postings and apply on our website at

www.scwexmx.com

Submit your cover letter and resume to: jobs@scwexmx.com





SCW'EXMX CHILD & FAMILY OPEN HOUSE

Community members were invited to gather for an engaging and informative afternoon at our Open House on January 21, 2026, held at KLC, 2475 Merritt Ave. The event welcomed everyone to learn more about the services we provide for Indigenous families, while strengthening community relationships in a warm and welcoming environment.

The open house ran from 1:00 p.m. to 3:00 p.m., offering visitors a chance to explore program areas, meet our dedicated team, and gain insight into how we support the wellbeing of the community.

Each team hosted interactive activities at their booths, community members were able to participate in a photo booth, language learning, trivia games, and more. To add to the excitement, guests had the chance to win door prizes and swag giveaways, making the afternoon both fun and memorable. The event was open to all community members, reinforcing our commitment to creating inclusive, supportive spaces where everyone is welcome.





OUR CHILDREN OUR WAY

In November, several Scw'exmx Child & Family staff and board members (and one youth!) traveled to Vancouver to participate in the 4th Annual Our Children Our Way: A National Forum for Indigenous Child & Family Well-Being. This conference is focused on Indigenous Child and Family services, highlighting practice, policy, community healing, operational development, and the exercise of jurisdiction.

This year marked a special milestone: Scw'exmx Child & Family presented at the forum for the very first time. Our team did an excellent job sharing about some of our annual initiatives, including the Youth Gathering and Culture Staycation. These are both important programs that support connection, culture, and community for our young people.

Candice, our Youth Transition Worker, reflected on the experience:

"I had the privilege of attending the Our Children Our Way conference in Vancouver, where I chaperoned a youth for the first time. It was a meaningful milestone for our organization to bring a youth to this type of event. Together, we participated in breakout sessions that were both educational and inspiring. This experience highlighted the power of youth inclusion: bringing a young person into professional and cultural spaces shows how their voices enrich discussions and strengthen connections."

This year's conference welcomed over 1,300 participants, including youth, Elders, community members, and professionals.

One youth participant shared a reflection that resonated deeply:

"Attending the conference made me feel like my voice mattered."

We are grateful for the opportunity to participate in such an important national gathering, and we look forward to continuing to learn from other nations and agencies on how to continue to grow the work we are doing to better support our families and communities.





OPERATIONS TEAM UPDATE - THE 12 DAYS OF GIVEAWAYS

The 12 Days of Giveaways is an online initiative designed to foster community engagement and spread holiday cheer across our six communities. Hosted on Facebook and Instagram, the event features twelve themed gift baskets distributed over twelve consecutive days. Basket themes include Men’s, Electronics, Family Memories, Youth, Ladies, Safety, Culture, Pets, Outdoors, Cook Together, and two Christmas Food Hampers.

This program has consistently demonstrated strong engagement, with individual posts reaching between 1,600 and 2,300 views. Each day, participants respond to holiday themed questions posted on the event page, and winners are selected the following business day. Cultural and language elements are integrated with guidance from Elders and Culture Coordinators, ensuring inclusivity and respect for community traditions.

In 2022, the event operated on a \$4,500 budget, prioritizing purchases from local vendors and leveraging Black Friday sales to maximize value. For 2025, a proposed budget of \$10,700 will account for inflation and maintain the quality of the baskets. Core themes will remain with minor updates. Instead of forming a formal planning committee, staff will be invited to contribute ideas, assist with basket assembly, support shopping, and participate in live streams—encouraging team involvement while streamlining the planning process.

The 12 Days of Giveaways provides participants with an opportunity to connect with their community, enjoy holiday themed activities, and share cultural traditions. It creates excitement during the holiday season, offers chances to win practical and themed gifts, and ensures inclusive participation through a virtual format accessible to all six communities.



Raleigh Issac, Operations Coordinator

It was also recognized that giveaways of this scale play an important role in giving back to our communities. Several winners shared how much they enjoyed the experience, with some even making a habit of watching the daily live stream as part of their routine.



Thank you!

We want to extend a heartfelt thank you to everyone who joined us for the 12 Days of Giveaways! Your participation and enthusiasm made this event truly special. Congratulations to all of our winners—may your prizes bring joy to your homes and families. This event would not have been possible without the incredible support and engagement from our communities. We hope everyone had a wonderful Christmas holiday, and we wish you all a Happy New Year filled with health, happiness, and connection. Here’s to another year of celebrating together!



SCW'EXMX CHILD & FAMILY NEWSLETTER SIGN UP!



Would you like to receive newsletters and updates from Scw'exmx Child & Family? Scan or click the QR code below to sign up for our newsletter today!



www.scwexmx.com / facebook.com/scwexmxchildandfamily / Instagram.com/scwexmxchildandfamily

Scw'exmx Child & Family

Child Wellness Concern After Hours? Please Call:

1-800-663-9122

Children's Help Line for Children and Youth

Do you need help?

If you don't feel safe or you have a concern, you can call this number 24-hours a day for free from any phone.

310-1234

Scw'exmx Child & Family Services Society

Office Hours: Monday-Friday 8:30 a.m. - 4:30 p.m.

Downtown Address: 1988 Quilchena Ave., Merritt, BC V1K 1B8

Culture & Language Address: 2099 Nicola Avenue, Merritt, BC V1K 1B8

Mailing Address: 1750 Lindley Creek Rd, Merritt, BC V1K 0A3

Prevention Hub Address: 2475 Merritt Ave, Merritt, BC V1K 1B8

Quilchena Address: Unit #2 - 3512 Highway 5A, Quilchena, BC V0E 2R0

Telephone: 250-378-2771

www.scwexmx.com

Facebook Page: facebook.com/scwexmxchildandfamily



Healthy Children



Healthy Communities



Healthy Families