



July 2025 NEWSLETTER



IN THIS ISSUE

Stay updated with the latest news from our teams, including information about the upcoming Nicola Valley Canoe Pull, inspiring stories of our teams' achievements for June, youth training and scholarship opportunities, and much more!

Mission

We are all somebody's seventh generation. We are committed to work with our communities to create the necessary change to ensure children currently in care have the advocates they deserve and seven generations from now, the need for a child welfare system will no longer exist as our families will be whole and healthy.



Vision

Work collectively to exercise nte?képmx and syilx inherent rights as we empower children, young people and families.

tekm míns | tá k'wúl'əm - Our Call to Action

We are at a critical moment in time. A great deal of change is taking place within the current political climate in which we exist. Bold steps are required to actualize the changes necessary for the communities we represent. For the first time since colonization, our action will fundamentally alter the foundation upon which outside governments have imposed political interests of assimilation through the systemic removal of our children.

For generations, our children have been the ones on the front line of federally and provincially legislated cultural genocidal regimes. Our families and communities were fractured but never broken. To achieve healing, justice and hope for each child ever removed from their parents, families and communities, it is up to us to provide a new reality for generations to come.

Through the wisdom of our ancestors, we have been taught the ways to care for one another. We must work toward a future markedly different from the current state wherein there are more Indigenous children in care now than at the height of the residential school era. While the current system is derived of legislation and policy, not of the Indigenous origin at a community level or otherwise, we undertake the process of decolonization to bring traditional knowledge, guidance and practices of the nte?képmx and syilx people forward in collaboration and guidance of our communities.

It is our responsibility to create the necessary change to ensure children currently in care have the advocates they deserve; and seven generations from now, the need for a child welfare system will no longer exist as our families will be whole and healthy. nte?képmx and syilx ancestors have anticipated this change and passed on their wisdom as we respond to this call to action. This very legacy is now ours to nurture and protect as we build a new platform where today's children, young people, families and communities will remain together and rekindle their cultural ways of being.

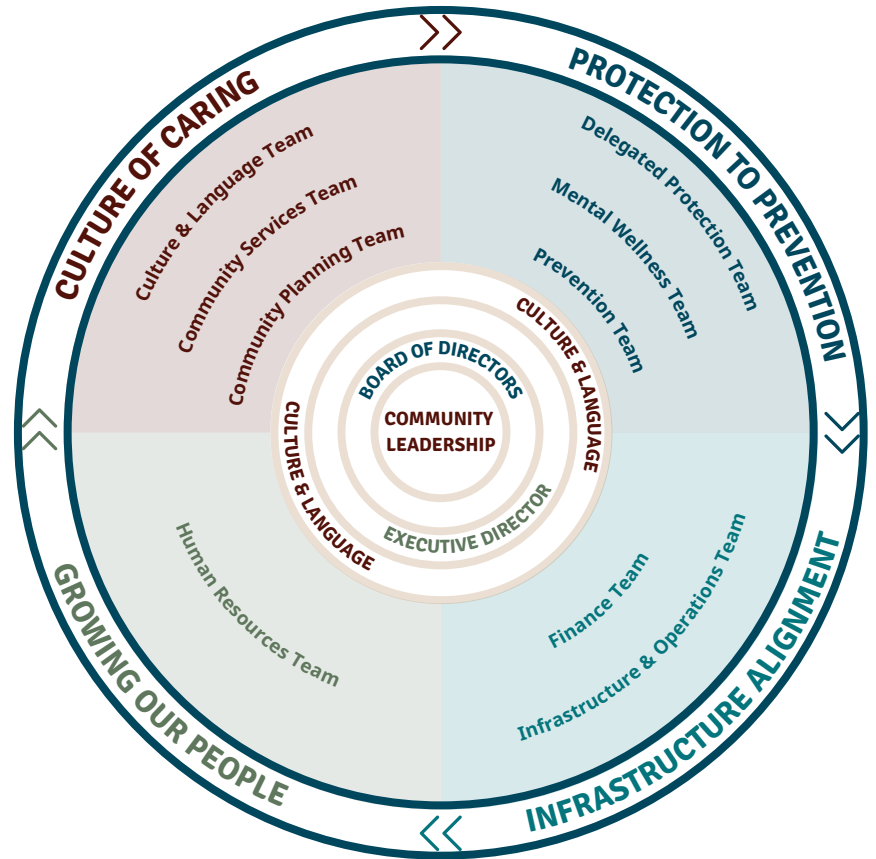
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SCFSS STRATEGIC DIRECTIONS

CULTURE OF CARING

- Communicate with one voice
- Integrate language and traditional teachings into programs and services
- Grow caregiver networks in alignment with traditional and community values
- Incorporate learning from Elders and Knowledge Keepers
- Return rights and responsibilities to our people through the development and implementation of Governance and Laws



PROTECTION TO PREVENTION

- Bring and keep our children home
- Align programs and services with our vision
- Shift our focus from fear to love
- Build community engagement and capacity
- Build trusting relationships

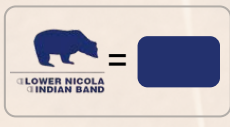
GROWING OUR PEOPLE

- Engage community expertise to support our vision
- Retain those committed to our vision
- Adopt, embrace, and implement cultural practice frameworks
- Acknowledge Post-traumatic Growth (PTG)
- Build professional capacity

INFRASTRUCTURE ALIGNMENT

- Realign budgets to shift from protection to prevention
- Improve Information Technology support in current and post COVID-19 environment
- Structure change management to achieve our collaborative vision
- Improve prompt management reporting
- Integrate programs and services to build community capacity

JULY 2025



SUNDAY 29

6
LNIB - FARMERS MARKET

13

20
LNIB - CULTURE CAMP

27

MONDAY 30

7
SIB - DROP IN DAY
UNB - YOUTH LEADERSHIP DAY CAMP

14
SIB - DROP IN DAY
UNB - YOUTH LEADERSHIP DAY CAMP

21
SCF - WOMEN'S GROUP 5-8PM @KLC
SIB - DROP IN DAY
LNIB - CULTURE CAMP

28
SIB - FREEZE DRYING

TUESDAY 1

8
LNIB - COFFEE WITH A COP
UNB - YOUTH LEADERSHIP DAY CAMP

15
SIB - RECREATION
UNB - YOUTH LEADERSHIP DAY CAMP

22
SIB - FREEZE DRYING

29
SIB - COFFEE WITH A COP

- Coldwater:**
- Girls Power (9+) | Coldwater Health Building | Monday | 3:30-4:45pm
- Nooaitch:**
- Youth Drop-in | SCHSS Satellite Office | Tuesday | 1-3pm
 - Drum Nights | Nooaitch Band Hall | Tuesday | 5-7pm
 - Youth Swim | Nicola Valley Aquatic Centre | Thursday | 3-5pm
- LNIB:**
- Youth Recreation | Varies | Monday-Friday | 11-4:45pm

COMMUNITY CALENDAR



WEDNESDAY

2
 NLX H - KINDERGARTEN HEALTH FAIR
 SIB - COFFEE WITH A COP

9
 SIB - GILL NET WORKSHOP
 UNB - YOUTH LEADERSHIP DAY CAMP

16
 UNB - YOUTH LEADERSHIP DAY CAMP

23
 SIB - PIZZA MAKING
 SIB - PLAY GROUP
 LNIB - WOMEN'S GROUP

30
 SCF - SUPER HOST YOUTH TRAINING
 SIB - DESERT HILLS TRIP

THURSDAY

3
 SIB - GATHERING
 NIB - BAND TRANSFER POLICY WORKING GROUP

10
 UNB - YOUTH LEADERSHIP DAY CAMP
 SCF - MEN'S GROUP ENGAGEMENT DINNER - NIB

17
 SIB - GATHERING
 UNB - YOUTH LEADERSHIP DAY CAMP

24
 SIB - GATHERING
 CIB - PARENTS & TOTS
 SCF - MYRA CANYON YOUTH TRIP
 SCF - MEN'S GROUP ENGAGEMENT DINNER - SIB

31
 SIB - COMMUNITY GATHERING

FRIDAY

4
 LNIB - FUN DAY
 SIB - ELDERS LUNCHEON

11
 SCF - ON THE LAND
 UNB - YOUTH LEADERSHIP DAY CAMP

18
 SIB - PETIT CREEK SWIMMING

25
 SIB - ROTARY PARK
 LNIB - LANGUAGE RETREAT
 NIB - PARENTS & TOTS

1

SATURDAY

5

12

19
 LNIB - CULTURE CAMP

26
 SCF - MEN'S GROUP GOLF DAY

2

Shackan:

- Youth Drop In (ages 6+) | SCHSS Satelite Office | Tuesday | 1-3pm
- Drum Nights | Nooaitch Band Hall | Tuesday | 5-7pm
- Youth Swim | Nicola Valley Aquatic Centre | Thursday | 1-3pm

UNB:

- Girls Group (ages 11-16) | Kwu Stemtima Office | Monday | 4:30-6:30pm
- UNB Volleyball Nights | Collettville Gym | Wednesday | 6-9pm

Legend:

- Event Name | Location | Day | Time



July Vocabulary

July is the perfect month for enjoying fishing, family gatherings, berry picking, and relaxing by the water. Below are some words and phrases you can practice with your family in nlekepmxcin.

Share Your Harvesting Story

We invite you to share your harvesting experiences with us to be featured in our upcoming newsletter. Feel free to include photos and any words you know in the language that relate to your story. Please email your submissions to communications@scwexmx.com.



I bought dried salmon.
ʔázm kn te s̄wén



huckleberries
čəlčále



We are almost to our (rod/pole) fishing place.
he ʔu? xeʔe he skícx kt wəʔ he nkətnímkn kt



saskatoons
scaqʷm



river
qʷúʔ

sćiłn



Íkalát



skəkʃákaʔ



tqim̓tqm̓



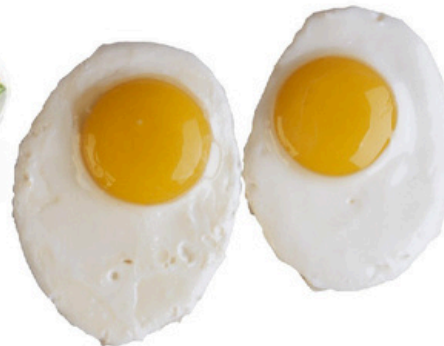
s̓h̓ptʃálaʔx̓w̓



patáq



packł



ʔaʔúsaʔ



Íkapi

Resource shared from Upper Nicola
Band's Language Resource page

Discover
more






CULTURE & LANGUAGE TEAM UPDATES - JUNE

INDIGENOUS PEOPLES DAY – CENTRAL PARK

On June 20, 2025, despite a gentle rain that kissed the earth all morning, Central Park in Merritt, BC, bloomed with the vibrant energy of Indigenous Peoples Day. Beneath canopies and clouds, the heart of the community pulsed with laughter, drumming, and the scent of delicious food wafting from nearby trucks. The event brought together people of all ages to celebrate Indigenous culture, language, and community spirit in a way that was both joyful and deeply meaningful.

Community Prevention Worker Satara, Cultural Coordinator Barbara, and Communications Team Lead Sara brought warmth and welcome to the event with a cozy info booth. Their table was a colourful spread of newsletters, annual reports, strategic plans, and pamphlets—each one a window into the work and vision of Scw'exmx Child and Family Services. For the little ones, there were snacks, colouring pages, and stick games that turned the booth into a hub of giggles, learning, and creativity.

Barb led a fun and engaging round of lahal (stick games) with students attending the event. Children from primary schools across Merritt gathered in a circle of excitement, participating in traditional games—an echo of ancestral play that still brings joy today.

Each youth who joined in received a bright orange Scw'exmx bucket hat as a token of appreciation, a cheerful badge of belonging and celebration. A few adults joined in the fun as well, earning hats of their own and sharing in the cultural exchange.

As the rain continued, the team adapted by inviting students to ask Barb or Satara a question and learn how to say “heñle? kʷ,nskʷest” (“hello, my name is”). This simple language activity became a beautiful moment of connection, blending cultural education with everyday language use and helping to keep traditions alive. The air was alive with the sound of drums and voices raised in song, as organizations from across the region hosted games and activities that brought people together in laughter and learning. Every guest received a voucher for a free lunch from the food trucks, while event workers were treated to a beautifully curated meal from Valley Graze—a feast as thoughtful as it was tasty.

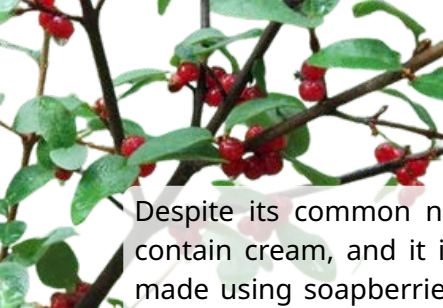
Despite the weather, the day's activities flowed smoothly, and communication with all visitors remained warm and welcoming. It was a day where raindrops danced on leaves, children danced in circles, and community danced to the rhythm of tradition. Culture wasn't just celebrated—it was lived, shared, and passed joyfully from one hand to the next.



Barbara Huston, Culture Coordinator



Sara Poole, Communications Team Lead



Soapberry - sᖁ^wúsm - sᖁ^wusəm

Despite its common name, the treat does not contain cream, and it is not frozen. The dish is made using soapberries, a plant in the oleaster family. The soapberry or soopalallie (*Shepherdia canadensis*) is not like your usual blueberry, strawberry or raspberry. "It has a distinctive bitter flavour due to the presence of low levels of saponins." Saponins are natural detergents. As a result, when the juice of the berry is whipped, it will foam, so it looks like beaten egg whites or whipped cream with an orangey-pink tinge.

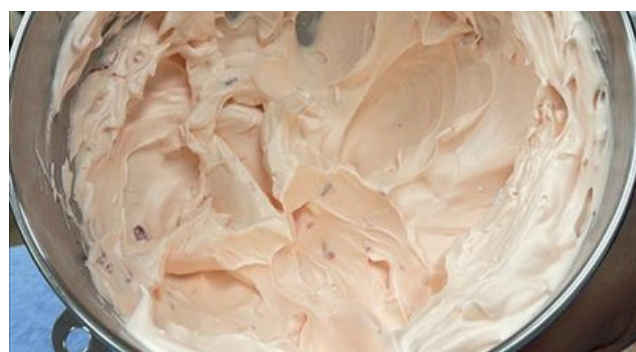
Soapberries can be difficult to pick or harvest, and the best way to gather the fruit is to "beat around the bush." No, really, put a cloth below the plant and tap the branches sharply. The ripe berries will fall off the branches and onto the cloth.

Once you have gathered about ¼ cup of ripe berries, put them in a very clean bowl. If there is any grease in the bowl, the berries will not whip. Best bowl to use is a metal bowl. Crush the berries and then add cold water, at little at a time, beating the liquid with an old-fashioned rotary whisk or electric mixer until it is stiff and forms peaks. You will probably need about a cup (250 mL) of water, added slowly, to make a bowl of soapberry whip. The dessert will be quite tart, and it is recommended using apple juice instead of water or adding in sugar or other sweeteners after the mixture starts to stiffen.

If you would like to try to make this treat, look for a shrub that is about 1-2 metres (3-6 feet) tall, with a grayish bark and small, oval, green leaves. The berries are found in clusters and will be orange or reddish and translucent when ripe. The leaves and stems are covered with brown scales. Male and female flowers grow on different bushes, so only the female bushes will produce berries. The plant grows in many places across Canada but does not flourish in wet areas. Before picking this fruit, make sure it is a soapberry and not any other berry that might be harmful.

This versatile berry is high in vitamin C and has been used by Indigenous people to treat high blood pressure, flu and tuberculosis. Smearing the berries on acne and other skin conditions, as well as using the fruit as a skin cleanser, are among the other uses for soapberries. The roots, stems and bark of the plant were also used for other medicinal purposes.

Berries can be preserved using traditional jam recipes or made into a puree to be used in drinks. They can also be dried and made into cakes for use in recipes throughout the year.



Discover more



Info shared from the following website:

<https://sci-why.blogspot.com/2014/10/soapberries.html>





CULTURE & LANGUAGE TEAM UPDATES - JUNE

INDIGENOUS PEOPLES DAY - UPPER NICOLA AT GLIMPSE LAKE

On June 21, 2025, Barbara, Cultural Coordinator, supported Upper Nicola at their Indigenous Peoples Day celebration at Glimpse Lake, BC. The event featured a delicious traditional meal of fresh smoked salmon, cooked over a homemade cinder block grill using poplar wood for smoking—a highlight that many look forward to each year.

Upper Nicola Band Members look forward to this annual gathering, especially the fun and creative games. This year’s highlight was the lunch box game, where participants pulled strings to reveal surprise snacks like Gatorade, marshmallows, jerky—even baby food!

In past years, games like “Riding in Your Indian Car,” where everyone squeezes into one vehicle to see how many can fit, have sparked plenty of laughter. There's always something fun to look forward to at these events.

These gatherings are about more than just games and food—they strengthen community bonds. As the saying goes, a community that plays together, stays together, and this celebration truly reflected that spirit.

FEEL THE BEAT

On June 12, 2025, we hosted Feel the Beat at the KLC Gym, where participants gathered to learn the art of regalia making. Despite a busy month filled with graduation events, we were thrilled to welcome eight participants from our communities:

Lower Nicola Indian Band (LNIB) – 2 participants
Urban community – 1 participant

Nooaitch Indian Band (NIB) – 3 participants

Coldwater Indian Band (CIB) – 2 participants

Our hope is that those who have created regalia for their families will feel inspired and confident to wear and showcase their beautiful work at a local powwow. Creating regalia is not only a creative outlet but also a powerful way to connect with cultural identity and tradition.

Our Elders continue to encourage everyone to keep sewing, learning, and building confidence with sewing machines. Gaining independence in sewing is a valuable skill that supports both personal growth and cultural preservation.

Feel The Beat is taking a break for summer - but it will return in the fall!



Barbara Huston, Culture Coordinator



COMMUNITY SERVICES TEAM UPDATES - JUNE

RETURNING TO THE EARTH: A SACRED HOMECOMING AT SHACKAN

On June 19, 2025, the Shackan Band Hall became a place of deep remembrance and gentle ceremony, as the Shackan Indian Band welcomed home the remains of four ancestors—spirits long held by the land and sky, and now finally returned to rest among their people.

These remains, including those of an adult woman and a young boy, were discovered during the flood clean-up of 2021—an unexpected uncovering of history that stirred something ancient in the hearts of the community. Some of the remains were dated to be over 750 years old, a powerful reminder of the enduring presence of those who walked these lands long before us.

After respectful examination in Burnaby, the ancestors were brought home for a traditional burial ceremony. The event drew not only Shackan members, but relatives and friends from Nooaitch, Coldwater, Cooks Ferry, and other neighboring communities. The Band Hall filled with quiet reverence, warm embraces, and the soft murmur of shared memory.

The ceremony itself was a tapestry of tradition—woven with songs that echoed through the rafters, stories that bridged generations,

and the steady rhythm of drums that seemed to beat in time with the land itself. Elders and youth alike stood together, honoring the sacredness of the moment. It was not just a burial—it was a homecoming, a reconnection, and a celebration of the deep roots that bind the community across time.

As the ceremony came to a close, the gathering flowed into a potluck-style lunch, where laughter mingled with the aroma of home-cooked dishes. Plates were passed, stories continued, and the spirit of togetherness lingered in every corner of the hall.

Community Prevention Worker Satara and Communications Team Lead Sara were among those in attendance, guided to Shackan by the awe-inspiring sight of four bald eagles soaring overhead—a sign, perhaps, that the ancestors were watching, and that the path home was blessed.

Approximately 60 people gathered that day—not just to witness a burial, but to feel the heartbeat of their culture, to remember that traditions are not just practices of the past, but living, breathing threads that hold the present together.

In honoring the ancestors, the community honored itself—its resilience, its unity, and its sacred connection to the land and each other.



*Sara Poole,
Communications Team Lead*





COMMUNITY PREVENTION TEAM UPDATES - JUNE

COLDWATER WOMEN'S GROUP EXPLORES ART IN KAMLOOPS

On June 17, 2025, six members of the Coldwater Women's Group enjoyed a day trip to Kamloops filled with creativity, good food, and meaningful connection.

The day began with a delicious lunch at Moon Wok, where the group shared stories, laughter, and a flavorful Chinese meal. The relaxed setting gave everyone a chance to unwind and enjoy each other's company.

After lunch, the group headed to Kamloops Art Party for a guided acrylic painting session. Led by a talented instructor, each participant had the chance to explore their creative side. For many, it was their first time painting, and the experience was both fun and inspiring. One participant shared, "I really enjoyed this session. After getting over my self-doubt, my painting came out perfectly."

The outing offered more than just a creative activity. It helped build confidence, encouraged participants to step outside their comfort zones, and created lasting memories. Everyone left with a beautiful keepsake and a sense of pride in what they had accomplished.

This trip sparked inspiration to plan more outings like this for the Coldwater Women's Group. Experiences like this help strengthen bonds, support personal growth, and remind us of the joy that comes from trying something new together.

COLDWATER CULTURE CAMP AT GWEN LAKE - JUNE 20-22, 2025

The Coldwater Band held its annual three-day Culture Camp at Gwen Lake. Even though the weekend was cold and rainy, the camp was full of warmth, learning, and connection.

People of all ages came out to take part in hands-on cultural activities. These included kayaking, fish spear making, medicine bag making, shirt painting, and teepee workshops. There was also beading, hair braiding, and dip net making.

Each day included teachings from Elders and Knowledge Keepers, storytelling, Nlaka'pamux Bingo, and fun games like horseshoes and lahal.

One special moment was when Elders opened the camp with a territory blessing and shared the story and protocols of the Little People.

About 45 people attended over the weekend. A big thank you to everyone who helped make the camp happen: Coldwater Indian Band, Indigenous Policing, Journeys Into Tomorrow Transition House, Coldwater School (for the great youth presentation), Scw'exmx Community Health Services, the Culture Camp Planning Committee, and all the behind-the-scenes heroes including first aid, security, traffic control, clean-up crew, cooks, MCs, DJ, workshop facilitators, and especially the Elders and Knowledge Keepers.

The camp was a great way to come together, learn, and celebrate culture on the land.



Harmony Williams,
Community Prevention Worker



COMMUNITY PREVENTION TEAM UPDATES - JUNE

A DAY AT DESERT HILLS - JUNE 11, 2025

On a sunny day in June, Community Prevention Worker Satara supported a group of Shackan relations with transportation to Desert Hills. The outing brought together approximately 15 community members, including a family of four, for a fun and refreshing day outside.

At Desert Hills, everyone enjoyed feeding the farm animals and picking out fresh fruits and vegetables. The visit offered a chance to connect with nature, enjoy each other's company, and support local growers. Afterward, the group gathered for a tasty meal at the Desert Hills taco stand in Cache Creek before heading back to Shackan.

The Shackan Community Wellness Team also used the trip as an opportunity to shop for ingredients to make "cowboy candy" (candied jalapeños), which were later gifted to fathers in the community for Father's Day. It was a thoughtful way to turn a simple outing into something meaningful and memorable.

FOR THOSE INTERESTED IN TRYING THE RECIPE AT HOME, SCAN THE QR CODE BELOW.

This outing was a great example of how small moments—like sharing a meal or picking produce—can bring people together and support wellness in creative ways.



CANOE AWAKENING CEREMONY - JUNE 25, 2025

Under a sky stirred by wind and story, a small circle of community gathered to awaken the canoes that will glide through the waters of the 2025 Nicola Canoe Pull. Though the breeze kept the paddles still, the spirit of the day moved gently through each moment.

With fir boughs in hand and the scent of medicinal water in the air, Elders led the ceremony with teachings passed down through generations. These sacred protocols reminded us that a canoe is more than wood and shape. It is a living vessel, carrying not just people, but purpose, memory, and connection.

About fifteen people stood together that day, from Elders to the tiniest relation, just a year and a half old. The wind may have kept the canoes ashore, but it could not quiet the teachings. We left with more than we came with—more knowledge, more reverence, and a deeper understanding of what it means to travel with respect upon the water.

The canoes are ready. And so are we.



RISE UP MERRITT: CLEANING WITH HEART, HEALING WITH PURPOSE - JUNE 25, 2025

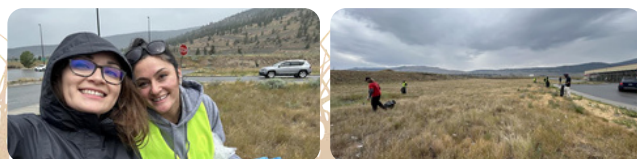
Something special swept through the streets of Merritt recently—not just brooms and garbage bags, but a wave of community pride, connection, and care. The Rise Up event, hosted by the ASK Wellness Society, brought people together to show love for the land, lift each other up, and make our shared spaces shine.

But Rise Up is more than just a cleanup—it's a movement. This ongoing initiative offers paid opportunities for People With Lived and Living Experience (PWLE) to take part in beautifying the community while building dignity, purpose, and belonging.

On cleanup day, volunteers formed teams and fanned out across town. Community Prevention Worker Satara, along with Youth Outreach Workers Robin and Cory, rolled up their sleeves and joined the crew, focusing their efforts around Wal-Mart and No Frills. Their teamwork and dedication left a visible mark—and a lot of smiles.

It was heartwarming to see so many hands working together, proving that when we care for our community and each other, we all rise.

Together, we rise. Together, we shine.



Satara Twan, Community Prevention Worker



COMMUNITY PREVENTION TEAM UPDATES - JUNE

LNIB WOMEN'S GROUP EXPLORES STEIN VALLEY - JUNE 24, 2025

On a beautiful day in June, four participants from the LNIB Women's Group set out on a full-day cultural outing to Stein Valley Nlaka'pamux Heritage Park. With support from SCFSS Community Prevention Worker Jalissa Weymouth, the group traveled from LNIB to Lytton, where they crossed the river by ferry and hiked a portion of the scenic trail.

The day was filled with fresh air, movement, and meaningful connection to the land. Along the way, the group paused to enjoy a picnic lunch surrounded by nature before making their way back across the river and returning to LNIB.

The group included Irene Howe (LNIB Women's Group Coordinator and Family Addictions Support Worker), Marcelo Bose (LNIB Culture Coordinator), and Aly Ledene (Social Development Manager, attending as a community member on a cultural day). The small group size made for a peaceful and personal experience.

As part of safety practices, Lytton First Nation requests that groups hiking the trail share key details such as group size, length of stay, and vehicle information. This helps ensure that support can be provided quickly in case of an emergency.

This outing was a great example of how cultural connection, time on the land, and community support can come together to create a meaningful and memorable experience.

PHOTOVOICE PROJECT BRINGS ART, AWARENESS, AND COMMUNITY TOGETHER - JUNE 24, 2025

On June 24, SCFSS Community Prevention Worker Jalissa Weymouth supported an inspiring urban event hosted by the Merritt Community Access Table in collaboration with Conayt and the Nicola Valley Arts Council. The event is part of the ongoing Photovoice Project, which uses creativity and storytelling to challenge stigma around substance use.

Held in Spirit Square, the gathering welcomed 10 to 15 community members throughout the evening. Participants shared a meal, connected with one another, and created art in a

welcoming and supportive space. SCFSS provided dinner and beverages, helping to create a relaxed atmosphere where people could express themselves and feel heard.

The Photovoice Project is preparing for an art exhibit that will take place during National Addictions Awareness Week in November. The exhibit will feature artwork and photographs paired with personal stories from individuals with lived or living experience with substance use, as well as from families who have been affected.

Submissions can be made online, and digital cameras are available for those who need them. The Nicola Valley Arts Council will continue to host creative sessions in Spirit Square every Tuesday afternoon starting July 8 and running through September, with supplies provided for anyone who wants to participate.

If you or someone you know would like to submit a photo and story but needs support, please contact Jalissa Weymouth, SCFSS Community Prevention Worker, at (250) 378-2771. She is happy to help with the submission process.

This project is a powerful reminder of how art can be used to heal, connect, and create change in our community.



Jalissa Weymouth,
Community Prevention Worker





JURISDICTION JOURNEYS



We are continuing with our new newsletter section focused on supporting our communities with news of legislative changes regarding Indigenous Child and Family Services, along with information and showcases of Indigenous Legal Traditions and work on upholding Inherent Jurisdiction. "Jurisdiction is not something that you sign, it is something that you do. You don't have to wait to sign something to exercise jurisdiction in some of the most important ways for children" - Cindy Blackstock



First Nations Child and Family Services
and Jordan's Principle Settlement

How to submit a Claim

1 Removed Child Class 2 Removed Child Family Class



JURISDICTION JOURNEYS



How to submit a Claim

The Claims Period for the Removed Child Class and the Removed Child Family Class opened on March 10, 2025. If you're part of these Classes or a representative of someone who is part of these Classes, you can submit a Claim for compensation. Individuals who are part of both Classes will need to submit separate Claim Forms for each of these Classes.

This booklet explains the steps Claimants and representatives can take to submit a Claim, including:

- Identifying the Class that applies to you or the person you represent
- Finding the right Claim Form
- Gathering the required identification (ID), information and documents
- Submitting your Claim

It also includes information about what happens after you submit a Claim.

Step 1: Identify the Class that applies to you



Removed Child Class

- ✓ First Nations individuals
- ✓ Removed from home as a Child between April 1, 1991, and March 31, 2022, by Child Welfare Authorities
- ✓ The removal from home happened while the Child or their Caregiving Parents or Caregiving Grandparents were Ordinarily Resident on Reserve* or living in the Yukon
- ✓ Placed into care funded by Indigenous Services Canada

Not eligible

- Métis or Inuit Children
- Children removed from their homes in the Northwest Territories or Nunavut

* Ordinarily Resident on Reserve means you lived most of the year on a First Nations reserve. You may have been temporarily living off reserve for education or work or to receive social services or other essential care, but if your main home was on reserve, you are considered to have been Ordinarily Resident on Reserve.

More details about each Class can be found at www.FNChildClaims.ca.

If you're unsure whether these Classes apply to you, please call the Administrator toll-free at 1-833-852-0755.

If neither of these Classes apply to you, you may be eligible to submit a Claim under one of the other seven Classes. The Claims Periods for these Classes will open at a later date as each requires court approval. Information about each Class can be found at www.FNChildClaims.ca/The-Class.



Removed Child Family Class

Caregiving Parents and Caregiving Grandparents of a Removed Child who:

- ✓ Are the biological or adoptive parents, biological or adoptive grandparents, or Stepparents who are First Nations
- ✓ Lived with, assumed and exercised parental responsibilities over the Removed Child at the time the Child was removed
- ✓ Were the ones the Removed Child was first removed from

Not eligible

- Foster parents
- All other family members of the Removed Child who were not Caregiving Parents or Caregiving Grandparents (e.g., brothers, sisters, non-Caregiving Parents and non-Caregiving Grandparents)
- Caregiving Parents and Caregiving Grandparents who committed Abuse (as defined by the Settlement Agreement) that led to the removal of the Child

JURISDICTION JOURNEYS



Step 2: Find the right Claim Form

There are two different Claim Forms for each of these two Classes. The Claim Form that you'll need to fill out depends on whether you're submitting a Claim for yourself or as a representative of a Person Under Disability, or submitting a Claim for someone who passed away. Claim Forms can be found at www.FNChildClaims.ca/Claims/Forms.

Some individuals may be eligible for compensation as both a Removed Child Class Member and a Removed Child Family Class Member. If this describes your situation, you'll need to submit separate Claim Forms for each of these two Classes.

Representatives

Every person must submit their own Claim. The exception is if the Claimant is unable to manage their own financial and legal affairs due to mental incapacity or has passed away. In such cases, a representative may submit a Claim on their behalf.

Representatives include:

- A legally appointed Personal Representative of a Person Under Disability
- The executor of the estate of a Deceased Claimant or their eligible heir

To learn about who qualifies as a representative, visit www.FNChildClaims.ca.





JURISDICTION JOURNEYS



Step 3: Gather the required ID and documents

To submit a Claim, you need to provide information or supporting documents based on your specific situation. Representatives must meet all requirements for the Claimant as well as all requirements for the representative.

Information or Documents	Removed Child Class	Representative of Removed Child Class	Removed Child Family Class	Representative of Removed Child Family Class
Current mailing address	yes	yes	yes	yes
Active bank account (for direct deposit only)	yes	yes	yes	yes
Valid government-issued ID	yes	yes	yes	yes
Proof of familial relationship If you are First Nations or have a biological relationship, proof may not be required. Administrator will contact you if supporting documents are necessary.	no	only heirs	yes	Claimants and heirs
Child welfare records	no	no	no	no
Proof of representation Required when representing Claimants who are Persons Under Disability or who are deceased.	no	yes	no	yes
Information about Child's removal Includes removal year, if the Child was placed on or off reserve and who they were placed with.	no	no	yes	yes

Approved forms of identification

The Administrator will accept most forms of ID issued by:

- Provincial/territorial governments (like a driver's licence)
- First Nations governments (like a Certificate of Tribal Membership)
- Federal government (like a Certificate of Indian Status card or passport)
- Identification issued by foreign governments (like a U.S. State Identification card)



A list of acceptable forms of ID can be found at www.FNChildClaims.ca/identification, or you can call the Administrator toll-free at 1-833-852-0755.

Important: Do not include original identification or other documents with your Claim Form. Make and send copies (photocopy, scan or photo). Please send images of both sides of all identification and documents and ensure images are not blurry, too light or too dark to read.





JURISDICTION JOURNEYS



Step 4: Submit your Claim

If you are an adult or within two years of reaching the Age of Majority, you can submit your Claim now. In Canada, the Age of Majority is either 18 or 19, depending on the province or territory you currently live in. For more information about the Age of Majority, visit www.FNChildClaims.ca/AOM.

There are two ways to submit Claims

1) Through the online Claims Portal

Visit Portal.FNChildClaims.ca to create an account and complete a Claim Form online.

2) By email, fax or mail

To submit a Claim by email, fax or mail, you'll need to download the appropriate Claim Form to your computer before filling it out. You can then save or print it. Claim Forms are available at www.FNChildClaims.ca/Claims/Forms.

Once you've completed, signed and dated the Claim Form, submit it along with a copy of your ID and any required supporting documentation to the Administrator by:

- Email: Claims@Admin.FNChildClaims.ca
- Fax: 1-416-815-2723
- Mail: Settlement Administrator
PO Box 2500 STN MAIN
Newmarket, Ontario L3Y 0H9

Please do not courier your Claim Form as the Administrator cannot accept courier deliveries.



Reminder: Before you submit your Claim Form, double-check to make sure you've included the necessary information for all relevant sections and the information is correct.

Need help completing your Claim Form?

You do not have to pay anyone to submit a Claim or receive payment under this Settlement.

Free resources and supports are available to help you complete your Claim Form.

Step-by-step guides and instructional videos are available at www.FNChildClaims.ca. You can also call the Administrator toll-free at 1-833-852-0755 if you have questions or to walk you through the Claim Form.

If you require additional help, the Administrator may connect you to a Claims Helper who can help you complete your Claim Form, learn how to obtain identification, and connect you to cultural and wellness resources and supports.



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JURISDICTION JOURNEYS



After you submit your Claim

Once you've submitted a Claim, the Administrator will review your Claim Form to make sure all the required information has been provided. If anything is missing, they will contact you.

The Administrator will assess eligibility and send you a letter to let you know if you're eligible for compensation.

If eligible, you'll be asked to decide if you want to have your compensation payment as a direct deposit into a bank account in your name or by a mailed cheque.



Important: If any of your contact details change, such as your address, please be sure to update the Administrator so they can contact you about your Claim.

How long will it take to receive your compensation?

The time it takes to receive compensation depends on what Class you submit a Claim under and your individual circumstances.

For the Removed Child Class, compensation will be sent to eligible Claimants as their Claims are processed.

For the Removed Child Family Class, Claims will be processed **after** the Ultimate Claims Deadline, which is four years from when the Claims Period opened (or if you were a minor on March 10, 2025, four years from when you become an adult). The four-year timeframe includes the three-year Claims Period plus an additional year for extension requests. This timeline ensures that any competing Claims—where more than two Caregiving Parents or Caregiving Grandparents submitted a Claim for the same Removed Child—can be resolved.

In all cases, compensation will only be provided to eligible Claimants who are the Age of Majority. This means that Claimants who submit a Claim within two years of reaching the Age of Majority will need to wait until they become an adult before they can receive payment.





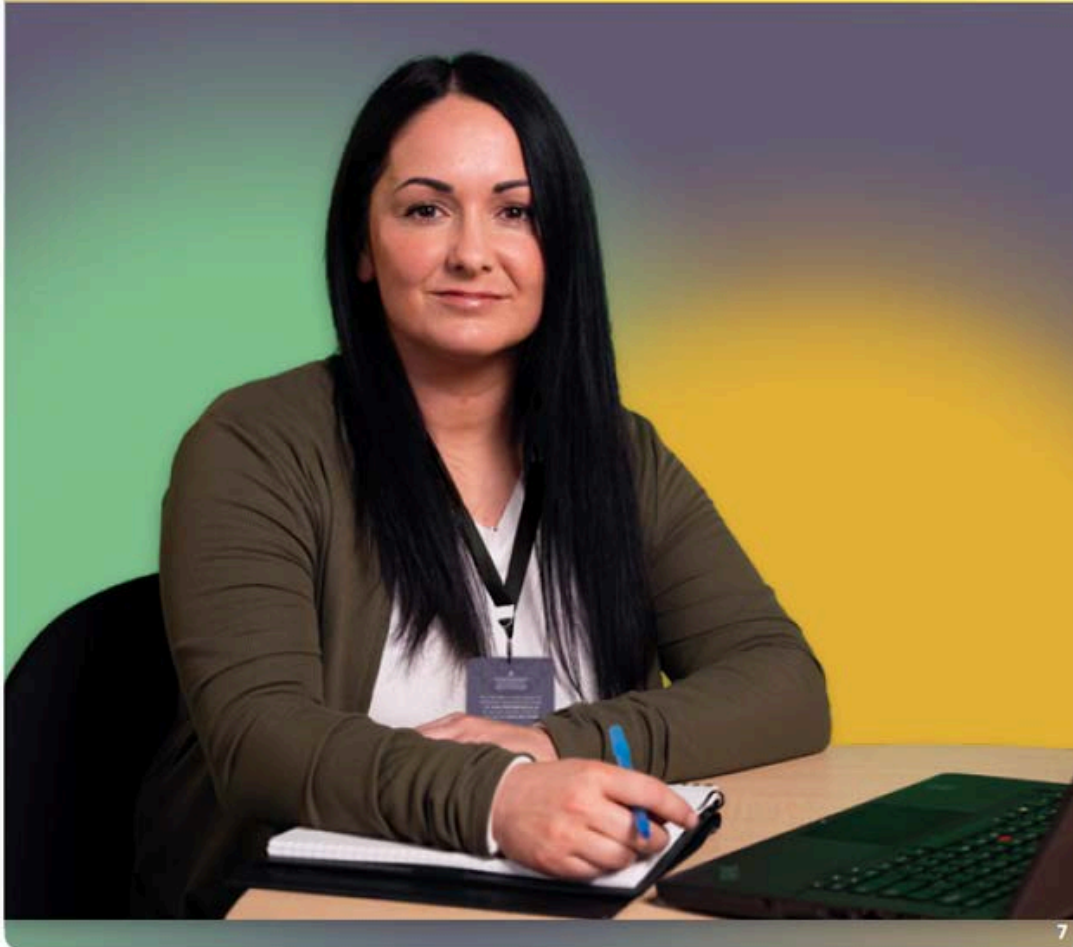
JURISDICTION JOURNEYS



Be aware. Don't share.

Watch out for people pretending to represent the Settlement in order to steal your personal information. If you're unsure whether the request for your personal information is legitimate, or to report fraudulent activity, contact the Administrator at 1-833-852-0755.

You do not have to pay anyone to help you submit a Claim.
Resources and supports are available to you at no cost.



7





JURISDICTION JOURNEYS



First Nations Child and Family Services and Jordan's Principle Settlement

Learn more:

Visit www.FNChildClaims.ca

Call the Administrator at 1-833-852-0755

Free mental health and wellness support:

Hope For Wellness Helpline

1-855-242-3310 • www.HopeForWellness.ca

Kids Help Phone

1-800-668-6868 • Text 686868





NICOLA CANOE PULL - AUGUST 19-21, 2025

The Nicola Canoe Pull is an annual event in Merritt, British Columbia, that brings together Indigenous youth, the RCMP, and various community organizations to strengthen relationships and celebrate cultural traditions. Participants paddle together in canoes, fostering teamwork, leadership, and connection to the land and water. The event also includes cultural teachings and support from local elders, ensuring that traditional protocols and knowledge are honored throughout the experience.

NICOLA CANOE PULL 2025

The Merritt First Nations Policing Section (RCMP) is planning its Annual Canoe Journey for the Nicola Valley. Our goal is to help build positive community relationships with the RCMP and surrounding aboriginal communities, the various organizations and the youth. The event will be held August 19 to 21, 2025. Tuesday will have an arrival time of 2pm, with dinner being served. Youth will camp Tuesday and Wednesday night at the Douglas Lake Camp site (located at the Old Kamloops Sailing club—Quilchena, BC).

Our vision is to support the future leaders of the Nicola Valley in a healthy active environment by supporting youth, being respectful, demonstrating cultural awareness, working together and having fun. This is being planned in partnership with TECK (Highland Valley Copper). With the planning assistance of Scw'exmx Community Health, Upper Nicola Indian Band, Lower Nicola Indian Band, Coldwater Indian Band, Nootch Indian Band, Shackan Indian Band, Scw'exmx Child and Family, Nlaka'pamux Health and School District #58.

It will be held August 19 to 21, 2025. This event is for youth between the ages of 10 and 18 years. If you have any questions or wish to help, please contact Cpl Jason OLNEY, Cst. Tammy DENNING, Cst. Derek VERSTEEG or Cst John RYAN at the Merritt Detachment at 250-378-4262.







WAIVER HERE



Scan here!

The committee has been actively meeting each month to plan the canoe pull. In anticipation of a possible algae bloom in the lake, we are proactively considering a backup plan to host the event in August. Of course, we're all hoping that this won't be necessary! We'll continue to provide updates, so be sure to follow our social media for the latest news.





FAMILY TEAM UPDATES - JUNE

WOMEN'S GROUP - JUNE 16, 2025

On June 16, women from across the Nicola Valley gathered for a cozy and uplifting evening focused on creativity, connection, and community. The Women's Group welcomed 20 participants from five communities, including urban areas, for a night of crafting, conversation, and shared laughter.

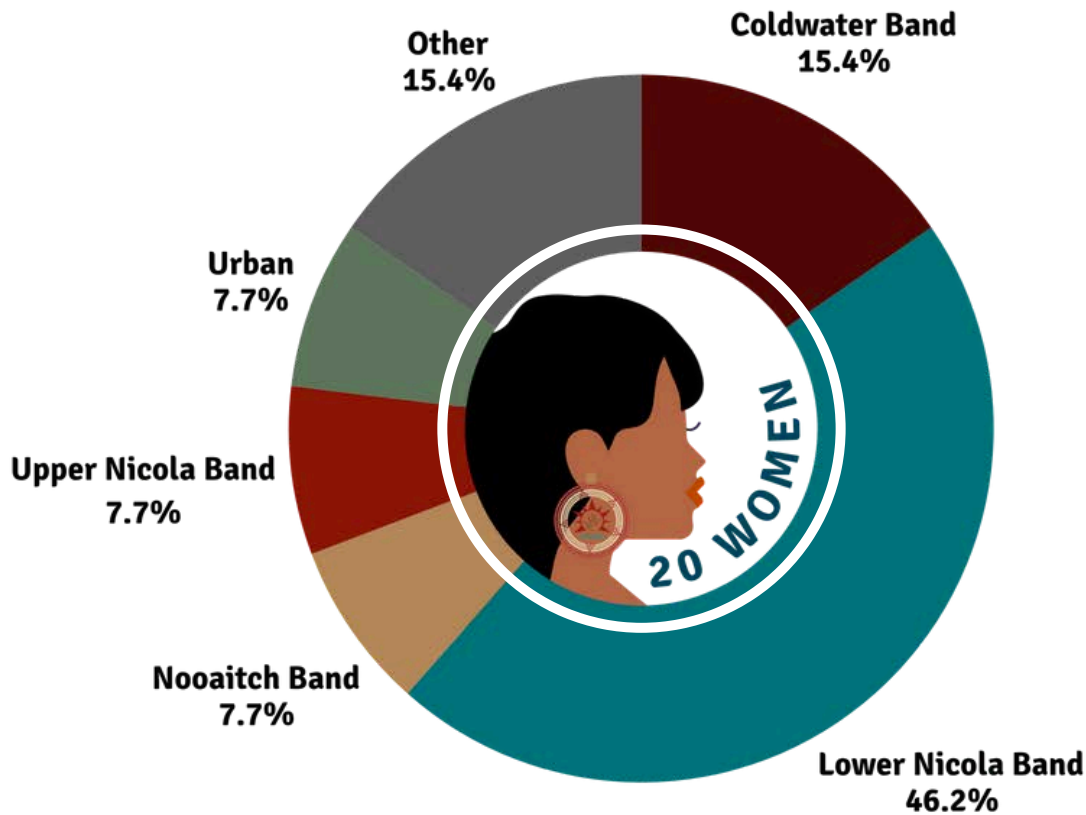
The evening was all about finishing sewing and craft projects in a relaxed and supportive space. With the hum of creativity in the air, participants had the chance to express themselves, unwind, and enjoy the simple joy of making something with their hands. Resident Elders Mary June Coutlee, Dorothy Clarke, and Kathy Jameson were present, offering their wisdom and warmth throughout the evening.

A shared meal brought everyone together

around the table, creating a welcoming atmosphere where stories were exchanged and new friendships formed. The gathering offered more than just a chance to complete projects—it was a space for women to focus on themselves, support one another, and celebrate their strengths.

This gathering helped promote well-being, build confidence, and strengthen cultural ties through traditional skills like sewing and crafting. It was a beautiful reminder of the power of community and the importance of creating space for women to connect, create, and care for one another.

Join us on July 21, 2025, from 5-8 pm at KLC (2475 Merritt Ave.) for a night of Bingo! Please register by visiting our Facebook Page!





MEN'S GROUP

A MESSAGE TO OUR BROTHERS: SHOWING UP MATTERS

Life pulls us in a hundred directions—work, family, responsibilities—and often, we carry the weight of it all quietly. That's why the Men's Group exists: to offer a space where we, as men, can step outside the noise for a moment and reconnect—with each other, and with ourselves.

We get it—schedules are tight and energy can run low. But even just showing up, even once in a while, can be powerful. Whether it's sharing stories on a hike, taking part in a wellness workshop, or just being present around the fire, your presence reminds others that they're not alone in what they're facing. And that reminder? It goes both ways.

These events aren't about fixing anything overnight. They're about building a community where men support one another through life's ups and downs—where we talk about mental health, reconnect with culture, and grow stronger, together.

If you haven't been out in a while, we'd love to see you at the next gathering. Bring a brother, a cousin, or a friend. Every step forward we take—as individuals and as a group—makes a difference.

You matter. Your wellness matters. And your presence could be the support someone else needs. Join us at our upcoming engagement dinners where we will visit each community and gather input for men's wellness event planning.





MEN'S GROUP



Jason Ermineskin, Men's Group Coordinator

Men's Group



ENGAGEMENT DINNERS

The Coyote Brotherhood warmly invites you to participate in engagement dinners across our communities. These gatherings aim to foster meaningful discussions about what men's wellness entails and how the Men's Group can support the development of wellness activities.

Join us for dinner, where you'll have the chance to win an incredible door prize centered around cultural food harvesting practices, among other exciting offerings.

Date	Community	Location (tentative)	Time
Jul 10, 2025	Nooaitch	Nooaitch Band Hall	5-8 PM
Jul 24, 2025	Shackan	Shackan Band Hall	5-8 PM
Aug 7, 2025	Coldwater	Coldwater Band School	5-8 PM
Aug 14, 2025	Lower Nicola	Shulus Band Hall	5-8 PM
Sept 4, 2025	Upper Nicola	Glimpse Lake	5-8 PM
Sept 18, 2025	Urban	NVIT	5-8 PM

Questions? Call (250) 378-2771 Ask for Men's Group Coordinator





YOUTH TEAM UPDATES - JUNE

JUNE HIGHLIGHTS: CULTURE, COOKING, AND COMMUNITY CONNECTIONS

June was a meaningful month filled with cultural activities, life skills learning, and community support. Despite some rainy days, the spirit of connection and growth stayed strong.

On June 10, youth and Elders gathered to make ribbon skirts and shirts. The evening was full of laughter, learning, and support. SCFSS Resident Elder Kathy Jameson reminded everyone that it's okay to take breaks and go at your own pace. She offered a prayer before dinner, and the group shared stories and smiles. One youth said, "I was so scared to come and I'm happy I did."

The next day, June 11, four youth joined NVIT's cooking night to make Indian tacos and bannock. For one participant, it was their first time attending and cooking. They proudly said, "I think I'm a natural."

On June 16, youth helped deliver food to community members, continuing the spirit of giving back. Throughout the month, weekly Lunch and Learn sessions at the CLC brought together 8 to 15 youth each Thursday. Topics included bush-party safety, becoming a paramedic, and life after high school. The final session on June 19 featured a visit from SCFSS Resident Elder Casey Holmes, who shared knowledge and offered a prayer. Youth received incentive cheques, grads were gifted, and everyone took home outreach bags. Lunch was catered by Kekuli Café, and the celebration ended with cake.

Support for youth continues with help opening bank accounts, writing resumes and cover letters, getting IDs, and preparing for college at NVIT. Information sessions on treatment centers also provided insight into available supports and waitlists.

Plans are underway for summer day trips, and the hope is to create more events that bring youth and Elders together. The ribbon skirt and shirt night was a great example of how powerful those connections can be.

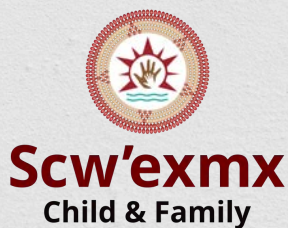
To learn more about the meaning of ribbon skirts, visit: [The Ribbon Skirt Project](#)



 *Candice Dolman,
Youth Transition Coordinator*

WHAT IS A RIBBON SKIRT? — THE RIBBON SKIRT PROJECT - FROM INDIGENOUS NOUVEAU





INTERIOR
TRAINING SERVICES



SUPERHOST - YOUTH TRAINING

Attention all aspiring professionals aged 17 to 27! Join us for a one-day SuperHost Training session and earn a prestigious customer service certificate to enhance your resume. Enjoy a delightful lunch from Kekuli Cafe, and seize the opportunity to win exciting door prizes! Please remember to bring a device that can connect to Wi-Fi.

Date:	Time:	Location:
July 30, 2025	10 am - 3:30 pm	KLC Gym

REGISTER NOW >



If you have questions or need assistance with registering call SCFSS (250) 378-2771 or email: candice.dolman@scwexmx.com



WILDFIRE READY: 5 STEPS TO SAFETY

With our dry summers and history of wildfires, being prepared isn't just smart—it's essential. These five simple steps can help protect your loved ones, your home, and your peace of mind.

Step 1: Create a Family Emergency Plan

It only takes 20 minutes to make a plan that could save lives. Sit down with your family and talk through:

- Where to meet if you need to leave your home
- Who to call and how to stay in touch
- Multiple ways out of your neighbourhood
- What to do with pets and animals

Share your plan with someone outside your household. You can use online or paper forms to help—and don't forget to register with Emergency Support Services.

Step 2: Pack Grab-and-Go Bags

When time is short, you'll be glad you packed ahead. Prepare a bag for each person and pet with enough supplies for 3 days. Include:

- ID, health cards, insurance papers
- Phone charger, flashlight, radio
- First aid kit, medications
- Toiletries, seasonal clothing
- Non-perishable food, water (2L/person/day)
- Cash, spare keys, emergency contacts
- Pet food, leash, carrier

And don't forget a whistle, emergency blanket, and pen & paper!

Step 3: Fireproof Your Property

A few simple actions can make a big difference:

- Clear away dry grass, pine needles, and leaves
- Move firewood and propane tanks away from your home
- Trim trees and shrubs near your roof and windows

Use the FireSmart BC Guide to get started.

Step 4: Understand Evacuation Alerts

Know the language so you can act fast:

- Alert – Be ready to leave
- Order – Leave immediately
- Tactical Evacuation – Leave now, no warning
- Rescind – It's safe to return

Always follow instructions from your local First Nation, TNRD, or BC Wildfire Service.

Step 5: Learn More

Want to dive deeper? Scan the QR code or visit the Wildfire Preparedness Guide to learn what to do before, during, and after a wildfire.



Heather Fairley,
Occupational Health & Safety Specialist

SUMMER ROADS, SAFE RIDES

Whether you're off to the lake, visiting family, or hauling goods down the highway, summer in Merritt means more vehicles, more distractions, and more reasons to drive with care. Here's how to stay safe on the road:

1 STAY ALERT & PLAN AHEAD

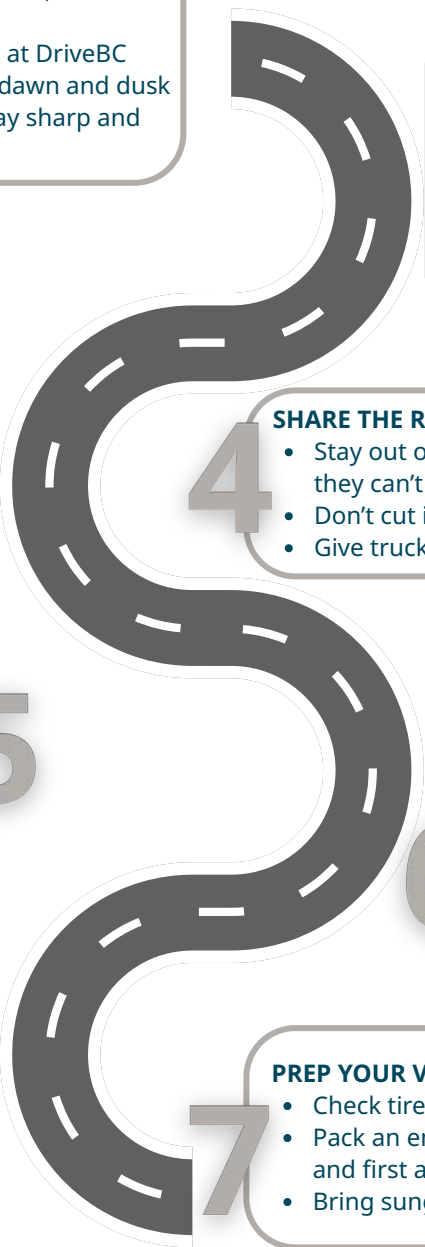
- Expect heavier traffic—tourists, RVs, and road trippers are out in full force
- Check conditions before you go at DriveBC
- Watch for wildlife, especially at dawn and dusk
- Take breaks every 2 hours to stay sharp and hydrated

2 DRIVE DEFENSIVELY

- Keep at least 3 seconds behind the car in front
- Scan the road ahead for sudden stops or hazards
- Signal early and check blind spots
- Slow down in construction zones—fines are doubled

3 PASS WITH CAUTION

- Only pass when it's legal and safe, never on curves or hills
- Use passing lanes properly: keep right except to pass
- Always signal and check mirrors before moving over



4 SHARE THE ROAD WITH TRUCKS

- Stay out of blind spots. If you can't see their mirrors, they can't see you
- Don't cut in front, especially downhill or in wet weather
- Give trucks extra space to stop and turn

5 AVOID DISTRACTIONS
Distracted driving is one of B.C.'s top crash causes.

Avoid:

- Using handheld phones (even at red lights)
- Texting, scrolling, or adjusting GPS
- Eating, grooming, or turning to talk to passengers

Instead:

- Use hands-free devices (if you're not a learner or novice)
- Set your GPS and playlist before you drive
- Pull over safely if you need to check your phone
- Reminder: Distracted driving fines start at **\$368 + 4 penalty points**

6 KEEP PASSENGERS & PETS SAFE

- Buckle up kids in the right car seat or booster
- Secure pets in a crate or harness
- Keep the volume down—rowdy passengers can be just as distracting

7 PREP YOUR VEHICLE

- Check tires, brakes, lights, and fluids before long trips
- Pack an emergency kit with water, snacks, flashlight, and first aid
- Bring sunglasses—glare can reduce visibility

Drive Like Lives Depend on It—Because They Do
Speeding, fatigue, and distractions are the top causes of summer crashes. Let's all do our part to keep Merritt's roads safe.



Heather Fairley,
Occupational Health & Safety Specialist

EMPLOYMENT OPPORTUNITIES

Scw'exmx Child and Family Services Society (SCFSS) is family-centered and guided by n̓eʔkəpmx and syilx traditional knowledge and principles. SCFSS utilizes prevention and protection strategies with the collective goal to keep children with their families and communities. SCFSS recognizes historical challenges and is guided by traditional strength and wisdom to build family and community capacity in a monumental shift from protection to prevention.

As an Indigenous organization serving the n̓eʔkəpmx and syilx communities, SCFSS prioritizes the hiring of n̓eʔkəpmx and syilx community members. Following community member priority and pursuant to Section 41 of the BC Human Rights Code, preference may be given to qualified applicants of Indigenous ancestry.

Current Postings

- Culture & Language Manager
- Operations Team Leader

*Check our website regularly, we will post there first!

APPLY NOW

See our full postings and apply on our website at www.scwexmx.com

Submit your cover letter and resume on our website, you can also send inquiries to: jobs@scwexmx.com



LOCAL TRAINING OPPORTUNITIES



APPLY TODAY!

CERTIFICATE PROGRAM
RESIDENTIAL CONSTRUCTION FOUNDATIONS
 MERRITT CAMPUS

The Residential Construction Foundation program at NVIT is designed for individuals with little to no experience who are interested in starting a career in the trades.

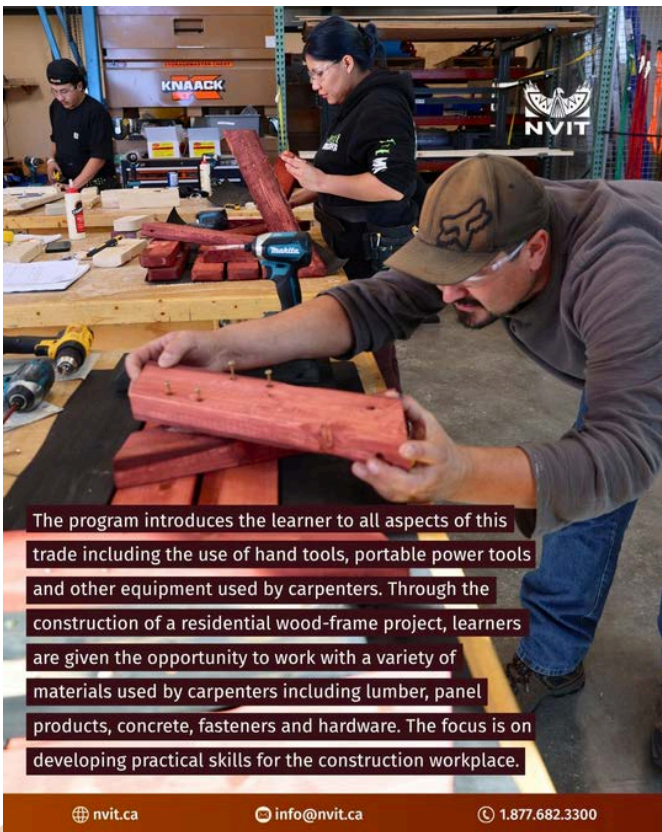
Ideal for recent graduates, career changers, or those seeking a practical path forward, this hands-on program provides foundational skills and real-world construction experience. It also serves as a stepping stone into carpentry apprenticeship training.

nvit.ca | info@nvit.ca | 1.877.682.3300



The 24-week Residential Construction Foundations program (RCST) provides learners with the necessary theoretical and practical knowledge to seek employment as an apprentice carpenter in the construction industry.

nvit.ca | info@nvit.ca | 1.877.682.3300



The program introduces the learner to all aspects of this trade including the use of hand tools, portable power tools and other equipment used by carpenters. Through the construction of a residential wood-frame project, learners are given the opportunity to work with a variety of materials used by carpenters including lumber, panel products, concrete, fasteners and hardware. The focus is on developing practical skills for the construction workplace.

nvit.ca | info@nvit.ca | 1.877.682.3300



Get that Bachelor of Education Degree closer to home

Seeking future teachers committed to Indigenous Education! The Bachelor of Education Degree program will be offered at NVIT in partnership with UBC this coming January 2026.

Prerequisite courses will be available at the Merritt Campus in Fall Term 2025.

Applicants must have completed a minimum of two years (60 credits) of post-secondary coursework, which must include:

- 6 credits in English Literature and Composition;
- 3 credits in Canadian Studies;
- 3 credits in a Laboratory Science;
- 3 credits in Mathematics (not statistics);
- 15 credits of upper-level coursework (300- or 400-level);
- 100 hours of practical experience working with age-appropriate students or youth.

Connect with an Academic Planner today!
bit.ly/NVIT-AFP

nvit.ca | info@nvit.ca | 1.877.682.3300

LOCAL TRAINING OPPORTUNITIES



INDIGENOUS LAND STEWARDSHIP

A path to a meaningful career in land and resource stewardship based on Indigenous Peoples' laws & values

Contact us: admissions@necvancover.org www.necvancover.org

RESIDENTIAL SCHOOL SURVIVORS & DESCENDANTS \$5,000 SCHOLARSHIP

APPLY BY NOV 15, 2025

OPEN TO SURVIVORS & DESCENDANTS— USA & CANADA

SCAN TO LEARN MORE!



BC Public Service is now accepting applications!



Indigenous Youth Internship Program (IYIP)




\$59,015.56 annually

Start date: **September 8, 2025**
End date: **August 31, 2026**

Interested? Learn more and apply here:
GoToCareers.ca/IYIP



Experience the Difference!




REGISTRATION IS STILL OPEN

FALL 2024 & SPRING 2025

Connect with an Academic Planner now!

bit.ly/NVIT-AFP

nvit.ca | info@nvit.ca | 1.877.682.3300

A COMPELLING NEW DOCUMENTARY THAT EXPLORES THE ROOTS OF BRITISH COLUMBIA'S WILDFIRE CRISIS AND WHAT WE MUST DO TO PROTECT OUR FORESTS, COMMUNITIES, AND FUTURE.

BC IS BURNING

Merritt Premiere
Thursday July 17th | 7:00 PM
Nicola Valley Institute of Technology Theatre

Tickets Available at:
<https://www.eventbrite.ca>

TO VIEW THE TRAILER AND LEARN MORE ABOUT THIS FILM GO TO [BCISBURNING.CA](https://bcisburning.ca)

SCW'EXMX CHILD & FAMILY NEWSLETTER SIGN UP!



Would you like to receive newsletters and updates from Scw'exmx Child & Family? Scan or click the QR code below to sign up for our newsletter today!



www.scwexmx.com / facebook.com/scwexmxchildandfamily / Instagram.com/scwexmxchildandfamily

Scw'exmx Child & Family

Child Wellness Concern After Hours? Please Call:

1-800-663-9122

Children's Help Line for Children and Youth

Do you need help?

If you don't feel safe or you have a concern, you can call this number 24-hours a day for free from any phone.

310-1234

Scw'exmx Child & Family Services Society

Office Hours: Monday-Friday 8:30 a.m. - 4:30 p.m.

Downtown Address: 1988 Quilchena Ave., Merritt, BC V1K 1B8

Mailing Address: 1750 Lindley Creek Rd, Merritt, BC V1K 0A3

Prevention Hub Address: 2475 Merritt Ave, Merritt, BC V1K 1B8

Quilchena Address: Unit #2 - 3512 Highway 5A, Quilchena, BC V0E 2R0

Telephone: 250-378-2771

www.scwexmx.com

Facebook Page: facebook.com/scwexmxchildandfamily



Healthy Children



Healthy Communities



Healthy Families